

HORMONE REPLACEMENT THERAPY AVAILABLE IN HOSPITAL USM

GENERIC NAME	BRAND NAME	DOSAGE FORM/ STRENGTH	INDICATION
Estrogen conjugated	Premarin	Tablet 0.625mg; Tablet 0.3mg	Moderate to severe vasomotor symptoms associated with (w/) estrogen deficiency. Prevention & management of osteoporosis associated w/ estrogen deficiency. Atrophic vaginitis & urethritis. Female hypoestrogenism. ²
	Premarin Vaginal Cream	Cream 0.625mg/g	Atrophic vaginitis, dyspareunia & kraurosis vulvae. ³
Norethisterone	Noriday	Tablet 5mg	Postponement of menstruation, Dysfunctional uterine bleeding , Menorrhagia, Endometriosis, Premenstrual syndrome, Contraception ⁴ .
Estradiol valerate	Progynova	Tablet 1mg; Tablet 2mg	Castration-associated oestrogen deficiency, Hypogonadism-associated oestrogen deficiency, Menopausal atrophic vaginitis, Menopausal hormone replacement therapy, Moderate to severe vasomotor symptoms associated with menopause, Primary ovarian failure-associated oestrogen deficiency, Prophylaxis of osteoporosis in postmenopausal women, Advanced prostate cancer, Metastatic breast cancer ⁶
Estradiol+ dydrogesterone	Femoston	Tablet 2mg+ 10mg; Tablet 1mg+10 mg	Hormone replacement therapy for women w/ disorders due to natural or surgically induced menopause w/ intact uteri. ⁷
Estradiol + Dydrogesterone	Femoston Conti	Tablet 1mg + 5mg	Hormone replacement therapy for the relief of symptoms due to estrogen deficiency & prevention of postmenopausal osteoporosis in women >12 month after menopause w/ a uterus. ⁷
Levonorgestrel + ethinyloestradiol	Nordette	Tablet 150mcg + 30mcg	Emergency contraception ⁵ , Contraception ¹⁰

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Dydrogesterone	Duphaston	Tablet 10mg	Recurrent miscarriage, Infertility due to luteal insufficiency, Dysmenorrhoea, Endometriosis, Threatened miscarriage, Endometrial protection during menopausal hormonal replacement therapy, Dysfunctional uterine bleeding , Secondary amenorrhoea, Irregular menstrual cycle, Premenstrual syndrome ⁸
Medroxyprogesterone	Depo-Provera	Injection 150 MG / 3 ML	Contraception , Hormone-dependent recurrent breast cancer in postmenopausal women, Endometrial carcinoma, Renal cell carcinoma, Endometriosis ⁹
	Provera	Tablet 5mg;	Endometrial carcinoma, Renal cell carcinoma, Endometriosis, Prophylaxis of endometrial hyperplasia, Secondary amenorrhoea, Dysfunctional uterine bleeding, Breast carcinoma. ⁹

REGULAR ORAL CONTRACEPTIVE DOSE

GENERIC NAME	BRAND NAME	DOSAGE FORM/ STRENGTH	DOSE
Norethisterone	Noriday	Tablet 5mg	0.35 mg daily, starting on the 1st day of menstruation, or on the day after abortion or miscarriage, or on the 21st day after childbirth.
Levonorgestrel + ethinylestradiol	Nordette	Tablet 150mcg + 30mcg	levonorgestrel 150-250 mcg + ethinylestradiol 30 mcg OD

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